

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>French Toast Sticks with Turkey Sausage</p> <p>Fresh Cauliflower Florets Chilled Fruit Cup Fresh Fruit Basket</p> <p>Featured Fast Takes: Tuna Scoop Salad Sunbutter & Jelly Sandwich</p>	<p>3</p> <p>South West BBQ Rib On a Whole grain Roll</p> <p>Local Grown Green Beans Chilled Fruit Cup Fresh Fruit Basket</p> <p>Featured Fast Takes: Tuna Scoop Salad Sunbutter & Jelly Sandwich</p>	<p>4</p> <p>Dutch Waffle w/ Fruit Topping</p> <p>Fresh Baby Carrots Chilled Fruit Cup Fresh Fruit Basket</p> <p>Featured Fast Takes: Tuna Scoop Salad Sunbutter & Jelly Sandwich</p>	<p>5</p> <p>Oven Baked Chicken Nuggets w/ Dinner Roll</p> <p>Local Grown Butternut Squash & Apple Casserole Chilled Fruit Cup Fresh Fruit Basket</p> <p>Featured Fast Takes: Tuna Scoop Salad Sunbutter & Jelly Sandwich</p>	<p>6</p> <p>Cheesy Italian Dunkers w/ Marinara Sauce</p> <p>Tossed Garden Salad Chilled Fruit Cup Fresh Fruit Basket</p> <p>Featured Fast Takes: Tuna Scoop Salad Sunbutter & Jelly Sandwich</p>

All reimbursable meals are served with a choice of entrée, vegetable, fruit & low fat or fat free milk variety. Students may take up to 2 fruits & 2 veggies
Reimbursable meals have 3 components and 1 must be a 1/2 cup of fruit or a 1/2 cup of veggies. Menu is Subject to Change

<p>9 NO SCHOOL</p> <p>Daily Alternatives: M,W,F- Cheeseburger on a Whole Grain T & Th -Baked Chicken Patty on a Whole Grain Roll</p> <p>Monday – Pepperoni Pizza Wed– Buffalo Chicken Pizza Friday –Bacon Pizza</p>	<p>10 Oven Baked Chicken Nuggets with Steamed Brown Rice</p> <p>Fresh Baby Carrots and Hummus Dip Chilled Fruit Cup Fresh Fruit Basket</p> <p>Featured Fast Takes: Crispy Chicken Salad Turkey & Cheese Sub</p>	<p>11 Steak & Cheese Sub on a Whole Grain Sub Roll</p> <p>Oven Baked French Fries Chilled Fruit Cup Fresh Fruit Basket</p> <p>Featured Fast Takes: Crispy Chicken Salad Turkey & Cheese Sub</p>	<p>12 Beef Nachos w/ Tostitos Chips, Shredded Cheese & Salsa</p> <p>Fresh Celery Sticks & Hummus Dip Chilled Fruit Cup Fresh Fruit Basket</p> <p>Featured Fast Takes: Crispy Chicken Salad Turkey & Cheese Sub</p>	<p>13 Twin Turkey Hot Dog on a Whole Wheat Roll</p> <p>Homemade Baked Apples Baked Beans Chilled Fruit Cup Fresh Fruit Basket</p> <p>Featured Fast Takes: Crispy Chicken Salad Turkey & Cheese Sub</p>
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Weekly nutritional information: 600-650 calories, saturated fat less than 10%, sodium less than 1230mg, trans fat 0g

<p>16 Popcorn Chicken Bowl</p> <p>Fresh Baby Carrots Chilled Fruit Cup Fresh Fruit Basket</p> <p>Featured Fast Takes: Yogurt Parfait Muffin Plate Chicken Caesar Wrap</p>	<p>17 Whole Grain Personal Cheese Pizza</p> <p>Fresh Broccoli Florets Chilled Fruit Cup Fresh Fruit Basket</p> <p>Featured Fast Takes: Yogurt Parfait Muffin Plate Chicken Caesar Wrap</p>	<p>18 1/2 Day LIMITED MENU Pizza or Cheeseburger</p> <p>Steamed Green Beans Chilled Fruit Cup Fresh Fruit Basket</p> <p>Featured Fast Takes: Yogurt Parfait Muffin Plate Chicken Caesar Wrap</p>	<p>19 1/2 Day LIMITED MENU Pizza or Chicken patty</p> <p>Roasted Garbanzo Beans Chilled Fruit Cup Fresh Fruit Basket</p> <p>Featured Fast Takes: Yogurt Parfait Muffin Plate Chicken Caesar Wrap</p>	<p>20 1/2 Day LIMITED MENU Pizza or Cheeseburger</p> <p>Oven Baked Fries Chilled Fruit Cup Fresh Fruit Basket</p> <p>Featured Fast Takes: Yogurt Parfait Muffin Plate Chicken Caesar Wrap</p>
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<p>23 Crazy Taco</p> <p>Chilled Fruit Cup Fresh Fruit Basket</p> <p>Featured Fast Takes: Chicken Caesar Salad Buffalo Chicken Wrap</p>	<p>24 Oven Baked Chicken Nuggets with Steamed Brown Rice</p> <p>Steamed Fresh Broccoli Chilled Fruit Cup Fresh Fruit Basket</p> <p>Featured Fast Takes: Chicken Caesar Salad Buffalo Chicken Wrap</p>	<p>25 Pasta w/ Meat Sauce & Garlic Bread Stick</p> <p>Fresh Garden Salad Chilled Fruit Cup Fresh Fruit Basket</p> <p>Featured Fast Takes: Chicken Caesar Salad Buffalo Chicken Wrap</p>	<p>26 Beef Soft Taco</p> <p>Refried Beans Chilled Fruit Cup Fresh Fruit Basket</p> <p>Featured Fast Takes: Chicken Caesar Salad Buffalo Chicken Wrap</p>	<p>27 APPLE HARVEST DAY Oven Baked "Fried" Dough</p> <p>Apple Cucumber Salad Applesauce Cup Variety of Local grown Apples</p> <p>Featured Fast Takes: Chicken Caesar Salad Buffalo Chicken Wrap</p>
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Lunch Price: \$2.85 Reduced Lunch Price: \$0.40

<p>30 Oven Baked Whole Grain Corn Dog w/ Tater Tots</p> <p>Baked Beans Chilled Fruit Cup Fresh Fruit Basket</p> <p>Featured Fast Takes: Chef Salad Turkey BLT Wrap</p>	<p>31 HAPPY HALLOWEEN Mummy Meatball Subs</p> <p>Oven Baked Tater Tots Halloween Jello Cup Chilled Fruit Cup Fresh Fruit Basket</p> <p>Featured Fast Takes: Chef Salad Turkey BLT Wrap</p>	<p>11/1 Macaroni & Cheese</p> <p>Fresh Red Pepper Strips Chilled Fruit Cup Fresh Fruit Basket</p> <p>Featured Fast Takes: Chef Salad Turkey BLT Wrap</p>	<p>11/2 Beef Nachos w/ Tostitos Chips, Shredded Cheese & Salsa</p> <p>Fresh Celery Sticks & Hummus Dip Chilled Fruit Cup Fresh Fruit Basket</p> <p>Featured Fast Takes: Chef Salad Turkey BLT Wrap</p>	<p>11/3 Cheesy Italian Dunkers w/ Marinara Sauce</p> <p>Tossed Garden Salad Chilled Fruit Cup Fresh Fruit Basket</p> <p>Featured Fast Takes: Chef Salad Turkey BLT Wrap</p>
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